



Sabin School PTA Newsletter

April 2020

SPRING: DIFFERENTLY

The past few weeks have brought about huge changes in routines and lives that we've not previously experienced. Families are navigating a new normal and bravely balancing school at home with work and/or other responsibilities. While we have just a few Sabin-related news items this month given the current environment, we did want to highlight a few resources to provide ideas for helping kids make sense of the current state of affairs, Portland area resources, and a few news items.

Please consider joining our virtual PTA meeting this month on April 15th from 6:00-7:00pm to connect with Principal Williams and other parents as we all explore distance learning and supports for students this spring.

In the meantime, welcome back to school. The robust and resilient Sabin community is a resource during this uncertain time—let's continue to collaborate and support each other! Wishing everyone healthy and learning-filled days ahead.

[www.sabinptapresident@gmail.com](mailto:sabinptapresident@gmail.com)

UPCOMING EVENTS

Wed., April 15th, 6:00-7:00pm: Join us for our virtual PTA General Meeting this month. Principal Williams will be sharing notes about how the extended school closure is affecting Sabin and can answer your questions. Please send questions in advance and request access at: sabinptapresident@gmail.com.

THANK YOU

To Teachers and Staff:

The Sabin community offers a tremendous thank you to Sabin teachers and staff. Many teachers have taken the initiative to reach out to students and families during this challenging time. It's a reminder that being a teacher is so much more than just a job for Sabin staff, and is a great example for all of us how we can work together (separately) as a community to get through this time, and emerge on the other side even stronger.

Watch for continued communication from your children's classroom teacher regarding classroom planning in the weeks ahead.

To Parents and Community Members:

The Sabin community also thanks all of the community members, including many Sabin families, who are doing vital work on the front line, despite risks and fears. Families working in health care, delivery staff, grocery and pharmacy staff, postal workers, and so many others—they are all keeping our society functioning. Thank you to everyone who continues showing up and we're grateful for the vital work that you do.



RESOURCES FOR FAMILIES

Food Resources for Students:

[PPS continues to offer meals for students.](#) Breakfast and lunch sacks are available for pickup at the schools below, and several offer a food pantry service for additional grocery help. The sites are open Monday - Friday 11:00-1:00. The food pantry sites are noted with an asterisk (*) and times listed [here](#).

Boise-Eliot/Humboldt Elementary
César Chávez Elementary
**Franklin High School*
George Middle School
Grout Elementary
Harrison Park School
**Lent School*
**Dr. Martin Luther King Jr. Elementary*

Madison at Marshall
Markham Elementary
**Rosa Parks Elementary*
Rigler Elementary
**Scott Elementary*
**Sitton Elementary*
**Woodmere Elementary*

Learning Resources:

- In addition to resources that your child's teacher has and will continue to share, PPS has many options for online reading, learning, and engagement. Visit the [PPS Library Page](#) to see what's available.
- For parents, Mrs. Simonsen (3rd grade teacher) shared a helpful article that contains a ton of great resources: [Are You Suddenly Your Child's Teacher? You're Not Alone. Here's Help.](#)
- Finally, for now, you can [visit this page](#) if you are seeking some ideas for daily school-at-home schedules for school.

Cybersafety:

Sadly, there are people who want to take advantage of us in our new "digital" distance classrooms and increased "free" digital time. We should be diligent in ensuring they are not allowed to invade the world of our children. Please discuss cyber safety with your children and monitor them as much as you can. The following is just one of the many online resources available for information on how to protect your children: <https://www.connectsafely.org/wp-content/uploads/securityguide.pdf>

Social and Emotional Support Resources: (from the National PTA website)

Children, as well as adults, are likely to experience anxiety in this uncertain time. Several resources have been created by leading mental health experts on how to have age-appropriate, fact-based, reassuring conversations with children about the outbreak and the steps they can take to stay healthy.

- [5 Ways to View Coverage of the Coronavirus](#), The American Psychological Association
- [Supporting Children's Emotional Well-being During the COVID-19 Pandemic](#), Child Trends
- [How to Talk to Your Child about the Coronavirus](#), Kids Health
- [Talking to Children About COVID-19 \(Coronavirus\): A Parent Resource](#), National Association of School Psychologists



SABIN FOUNDATION ART SHOW AND AUCTION UPDATE

Thank you all for your continued support of Sabin Elementary and fundraising efforts. Due to current events and closures, the April 17th Art Show and Auction is postponed. Many donations came to us for the event from small neighborhood businesses who currently need our community support. You will be first to know as we reschedule and/or reconfigure the event. In the interim, if you have questions, please email : sabinfoundation@gmail.com.

We recognize that many families are facing changes and economic uncertainties at the current time. That said, we've received a few queries so wanted to mention that, if you are able, a great way to help is to donate to the Sabin Foundation to raise funds to help Principal Williams reach her highest priorities of keeping as many staff as possible at the school next year. No donation is too big or too small. You can donate online, and all gifts to the Foundation are tax-deductible:

1. Go to <https://fundforpps.org/donate>
2. Click "**Donate Today**" button
3. Select "**Sabin Pk-8**" from the "Select A School" drop down menu.

Thank you so much for your support and, again, we will keep you apprised of updates.

